

Dr. B. B. HEGDE FIRST GRADE COLLEGE, KUNDAPURA

YOUTH RED CROSS

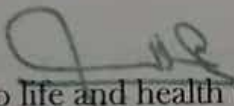
Introduction :

Youth Red Cross units are essentially the field formations of the Red Cross Society all over the world organized with the sole purpose of translating the 7 cardinal principles of Red Cross i.e. Humanity, Impartiality, Neutrality, Independence, Voluntary Service, Unity and Universality into achievable program. Student's participation in this unit stated activities enable them to acquire knowledge, attitude, skills and other competencies needed to perform as useful citizen.

Vision :

To prevent and alleviate human suffering in the face of emergencies to protect life and health, and to ensure respect for human being by mobilizing the power of volunteers and generosity of donors.

Mission (objectives) :

- 
- Giving protection to life and health to ensure respect for the human beings.
 - Conducting motivational campaigns to organize Voluntary Blood Donation Camp.
 - Taking care of their own health and that of others.
 - Understanding and accepting civic responsibility.
 - Promotion of volunteerism.
 - Develop capacity to meet emergency and natural disasters.
 - Foster better friendly relationship with all without any discrimination.

Major activities:

1. Training on Disaster preparedness and management
2. Blood donation camp
3. Training on First Aid
4. Training on minimum competencies
5. Internship and attachment
6. Geneva Convention Day celebration

Class room activities:

1. Orientation
2. Lecture on Red Cross Society
3. Various health care and health awareness programs
4. Road safety awareness
5. About Youth Red Cross song
6. Leadership training
7. Quiz Competition (About YRC)
8. Celebrating the days of special importance
9. Power point presentations on First Aid


PRINCIPAL
DR. B. B. HEGDE FIRST GRADE COLLEGE
KUNDAPURA - 576 201

Dr. B. B. HEGDE FIRST GRADE COLLEGE, KUNDAPURA

YAKSHAGANA SANGHA

Introduction:

Yakshagana is a traditional theater, developed in Dakshina Kannada, Udupi, Uttara Kannada, Shimoga and western parts of Chikmagalur districts, in the state of Karnataka and in Kasaragod district in Kerala that combines dance, music, dialogue, costume, make-up, and stage techniques with a unique style and form. It is believed to have evolved from pre-classical music and theatre during the period of the Bhakti movement. This theatre style is mainly found in coastal regions of Karnataka in various forms.

Objectives:

- To preserve valuable but disappearing items of Yakshagana such as, dance steps, dialogue, songs etc.
- To train Yakshagana dance to young enthusiasts.
- To promote Yakshagana as a theater art.
- To retain the traditional dance drama, its unique harmony of musical tradition, its elaborate costumes, attractive makeup, authentic styles of dance, improvised gestures and acting with its extemporaneous dialogue

Plan of action:

- Orientation and selection of Representatives
- Basic Taala (Beats)
- Prasadana (Makeup and costume)
- Demonstration on Himmela (Background)
- Demonstration in Mudra, facial expression of Navarasa.
- Demonstration of Traditional steps
- Interview of renowned Yakshagana artists with special reference to Badaguthittu.
- Visiting Yakshagana Museum.
- Training to perform Taala-maddale.
- Visual presentation of Yakshagana


PRINCIPAL
DR. B. B. HEGDE FIRST GRADE COLLEGE
KUNDAPURA - 576 201

Dr. B. B. HEGDE FIRST GRADE COLLEGE, KUNDAPURA

WOMEN EMPOWERMENT CELL

Objectives:

- Identification of strong leadership, change-makers among women and girls and building their capacity
- To promote a culture of respect and equality for female gender
- The provision of opportunities and programs for girls and women to be financially, mentally and emotionally empowered to promote their growth as individuals in their own right
- To highlight the importance of spirituality, health, hygiene and safety
- Creating social awareness about the problems of women, gender equity and prevention of sexual harassment

Plan of action:

1. Orientation to Girl students /Women on WEC and its significant role in the society.
2. "Just a Minute" competition on various women oriented themes.
3. A film show on 'The Stonning of Soraya'.
4. Training on self-defence techniques.
5. Celebration of Women's Day.
6. Guest Lecture on Women's Rights.
7. A guest talk on "Women Health & Hygiene".
8. A one-day Outreach Programme - The students and teachers of the Cell.
9. A fashion show on the theme 'Unity in diversity'.
10. A power point presentation competition on the topic "Women and Politics".
11. A poster making competition held on the topic "Entrapped Women".
12. Activities like cooking without fire, vegetable cutting, hair style, craft, drawing, nail art.


PRINCIPAL
DR. B. B. HEGDE FIRST GRADE COLLEGE
KUNDAPURA - 576 201

Dr. B. B. HEGDE FIRST GRADE COLLEGE, KUNDAPURA

STUDENT SUPPORT CELL

Objectives and plan of action of the cell:

1. To provide academic support to the students:
 - a. Helping dull students
 - b. Difficulty in grasping and understanding
 - c. Exam phobia
 - d. Language problem
2. To provide economic support:
 - a. Scholarship
 - b. Financial help
3. To provide support related to health and personal problems of students effecting academic performance.
4. Supporting students to get necessary identity documents:
 - a. Pan card
 - b. Passport
 - c. Bank account
5. Helping students to overcome their limitations:
 - a. Identifying their own strength and weakness
 - b. Helping students to convert their weakness into strength
 - c. Stage fear
 - d. Communication


PRINCIPAL
DR. B. B. HEGDE FIRST GRADE COLLEGE
KUNDAPURA - 576 201

Dr. B. B. HEGDE FIRST GRADE COLLEGE, KUNDAPURA

SCIENCE ASSOCIATION

Objectives of the Forum:

- To promote inquisitiveness among the students and inculcate scientific temper among them.
- To trigger interest among the students in Science.
- To encourage, motivate and equip the students in applications of Science and its interface with society.
- Opportunities to experience a wider range of science topics, hence broadening their enthusiasm for science.
- Increased opportunity to develop and practice thinking, speaking and listening skills.

Plan of action:

1. I-Quest (Quiz)
2. Model making and poster presentation
3. Mini Projects & charts
4. Science Exhibition
5. Celebration of 'National Science Day'



PRINCIPAL
DR. B. B. HEGDE FIRST GRADE COLLEGE
KUNDAPURA - 575 201

Dr. B. B. HEGDE FIRST GRADE COLLEGE, KUNDAPURA

ROVERS AND RANGERS UNIT

Introduction:

Rovers and Rangers is the higher wing of Bharat Scout and guide. It is a voluntary and non-political educational movement for young people and open to all without distinction of origin, race or creed.

Objectives :

The objectives of the movement is to contribute to development of young people in achieving their physical, intellectual, social and spiritual potentials as individuals, as responsible citizen and as members of the local, national and international communities.

Plan of action of the Unit:

- Theoretical and practical classes to Rovers and Rangers students as per the syllabus given by the Bharath Scouts and Guides.
- Encourage students to attend the various camps.
- Troop formation and patrol meeting.
- One day trekking and hiking camp.
- Teaching first aid treatment.
- All faith prayers.
- Flag song.
- Preparing students for praveen and nipun examination.
- Scout promise and salute.


PRINCIPAL
DR. B. B. HEGDE FIRST GRADE COLLEGE
KUNDAPURA - 576 201

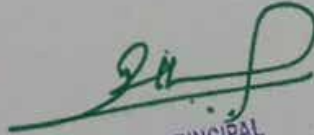
Dr. B. B. HEGDE FIRST GRADE COLLEGE, KUNDAPURA
ENTREPRENEURSHIP DEVELOPMENT CELL

Objectives:

- To act as an institutional mechanism for providing various services including information to budding student entrepreneurs.
- To create entrepreneurial culture in the institution.
- To prepare the students to face the real-world business scenarios and promote employment opportunities.
- To extend necessary guidance to the students to prepare a skilled workforce conduct for taking long/short term assignments of corporate/industry.

Plan of action:

1. Orientation program
2. Organizing guest lectures on entrepreneurship development.
3. New product development and presentation
4. Conducting interactive session among the students on small scale business, industry and with local entrepreneurs.
5. Case study analysis
6. Presentation on successful entrepreneurs.
7. Organizing competitions like business plan, business quiz, role play, debate on entrepreneurial issues.


PRINCIPAL
DR. B. B. HEGDE FIRST GRADE COLLEGE
KUNDAPURA - 576 201

Dr. B. B. HEGDE FIRST GRADE COLLEGE, KUNDAPURA

SPEAKERS' CLUB

Objectives:

To provide a platform to the students in order to inculcate and adapt the language in the right way and express themselves without any hesitation or fear.

Plan of action:

- Pick an item, like a stapler, and tell a story about how it got its name.
- Introducing themselves in elaborate way.
- Learning from the pros.
- Funny games.
- Group Discussion.
- Students invent a tongue twister and write it down on a piece of paper. The speaker picks from a box of the twisters and must recite the written phrase.



PRINCIPAL
DR. B. B. HEGDE FIRST GRADE COLLEGE
KUNDAPURA - 576 201

Dr. B. B. HEGDE FIRST GRADE COLLEGE, KUNDAPURA

NATIONAL SERVICE SCHEME

Introduction:

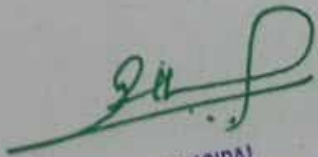
The National Service Scheme (NSS) is an Indian government sector public service program conducted by the Ministry of Youth Affairs and Sports of the Government of India. Popularly known as NSS, the scheme was launched in Gandhiji's Centenary year in 1969. Aimed at developing student's personality through community service, NSS is a voluntary association of young people in Colleges, Universities and at +2 level working for a campus-community (esp. Villages) linkage.

Objectives:

- To help the students to teach a democratic attitude along with the confidence to lead.
- The Scheme aims to make the students learn about the importance of sharing responsibilities and creating an attitude that boosts the idea of living together.
- Organizational skills play a vital role too, and hence, this Scheme has an aim to focus on them.
- To improve Personality Development, Leadership Qualities, Social Responsibility among the students.
- Youth Involvement in Nation Building Process
- It aims to develop practical knowledge and skills in the students so that they can face and find a solution to any hurdle or difficulty in their life.
- To develop a sense of responsibility and pointing out the problems faced by society.
- The Scheme also aims to help the children in practicing social harmony.

Activities of the Forum/ Association:

- Annual Special Camp (Seven Days Camp)
- One Day Camp
- Shramadhana and Cleanliness Drive
- Personality Development Programmes
- Observance of Important Days
- Community Services
- Health Awareness Programme


PRINCIPAL
DR. B. B. HEGDE FIRST GRADE COLLEGE
KUNDAPURA - 576 201

Dr. B. B. HEGDE FIRST GRADE COLLEGE, KUNDAPURA

NCC ARMY WING

Introduction:

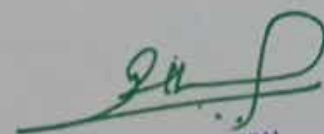
The National Cadet Corps (NCC) is the youth wing of the Indian Armed Forces with its headquarters in New Delhi, India. It is open to school and college students on voluntary basis as a Tri-Services Organisation, comprising the Army, the Navy and the Air Wing, engaged in developing the youth of the country into disciplined and patriotic citizens. The soldier youth foundation in India is a voluntary organization which recruits cadets from high schools, higher secondary, colleges and universities all over India. The Cadets are given basic military training in small arms and drill. The officers and cadets have no liability for active military service once they complete their course.

Aims & Objectives of NCC:

- To develop character, commandership, discipline, leadership, secular outlook, spirit of adventure and the ideals of selfless service among the youth of the country.
- To create a human resource of organized, trained and motivated youth, to provide in all walks of life and always available for the service of the nation.
- To provide a suitable environment to motivate the youth to take up a career in the Armed Forces.

Activities of the Unit:

- Institutional Training.
- Republic day and Independence Day.
- Camp Training.
- Attachment Training.
- Army Wing Activities.
- Youth Exchange Programme.
- Community Development Programme cum Social Service Activities.
- Adventure Training, Cycle Expedition, Trekking & Sports etc.
- Foot Drill, Arms Drill & Weapons Training.
- Self Defence, Map Reading.
- Swatch Bharath.



PRINCIPAL
DR. B. B. HEGDE FIRST GRADE COLLEGE
KUNDAPURA - 576 201

ಡಾ. ಬಿ. ಬಿ. ಹೆಗ್ಡೆ ಪ್ರಥಮ ದರ್ಜೆ ಕಾಲೇಜು, ಕುಂದಾಪುರ


ಸಾಹಿತ್ಯ ವೇದಿಕೆ

ಗುರಿ ಮತ್ತು ಉದ್ದೇಶಗಳು :

- ವಿದ್ಯಾರ್ಥಿಗಳ ಬಹುಮುಖ ಪ್ರತಿಭೆಯನ್ನು ಗುರುತಿಸುವುದು ಮತ್ತು ಪ್ರೋತ್ಸಾಹಿಸುವುದು.
- ವಿದ್ಯಾರ್ಥಿಗಳಲ್ಲಿ ಬರವಣಿಗೆಯ ಕೌಶಲ್ಯದ ಬಗ್ಗೆ ಅರಿವು ಮೂಡಿಸುವುದು.
- ವಿದ್ಯಾರ್ಥಿಗಳಲ್ಲಿ ಕಲಾಸಕ್ತಿಯ ಬಗ್ಗೆ ಮಾಹಿತಿ ನೀಡುವುದು ಮತ್ತು ಉತ್ತೇಜಿಸುವುದು.
- ವಿಚಾರಸಂಕಿರಣ ಹಾಗೂ ಕವಿಗೋಷ್ಠಿ ಆಯೋಜನೆ

ಚಟುವಟಿಕೆಗಳು :

- ಕವಿ ನಿವಾಸ ಮತ್ತು ಸಾಹಿತಿಗಳ ಮನೆಗಳಿಗೆ ಭೇಟಿ
- ಕಾಲೇಜಿಗೆ ಸಂಬಂಧಪಟ್ಟ ಸಾಹಿತ್ಯ ಚಟುವಟಿಕೆಗಳಲ್ಲಿ ಭಾಗವಹಿಸುವಿಕೆ
- ಕಾಲೇಜಿನ ವಾರ್ಷಿಕ ಸಂಚಿಕೆ ಶಿಖರ ಹಾಗೂ ಬಿತ್ತಿ ಸಂಚಿಕೆ ಧ್ವನಿಯಲ್ಲಿ ಸಕ್ರಿಯವಾಗಿ ಭಾಗವಹಿಸುವಿಕೆ
- ಸಾಹಿತ್ಯಕ್ಕೆ ಸಂಬಂಧಪಟ್ಟ ಚಟುವಟಿಕೆಗಳಲ್ಲಿ ಸಕ್ರಿಯವಾಗಿ ಪಾಲ್ಗೊಳ್ಳುವಿಕೆ.


PRINCIPAL
DR. B. B. HEGDE FIRST GRADE COLLEGE
KUNDAPURA - 576 201

Dr. B. B. HEGDE FIRST GRADE COLLEGE, KUNDAPURA

INNOVATION CLUB

Objectives:

- To create awareness, educate, nurture and inculcate a culture of innovation amongst the students.
- To enable them to generate new ideas and become more innovative.
- To organize Interdisciplinary project exhibition.
- To organize seminar, conferences, workshops, exhibitions relating to innovations.
- To develop an innovative and entrepreneurial mindset.
- To provide opportunities for students to be engaged in innovative activities through creativity and technical workshops.
- To support and facilitate grass root innovators in production and protection of property rights.
- To document innovations from different walks of life.

Plan of action:

- In house and external training on Innovation
- Film shows on inventions & innovators
- Guidance for development of innovative scientific solutions to solve everyday problem
- Preparation for competitions
- Organization of work -shops, seminars and conferences


PRINCIPAL
DR. B. B. HEGDE FIRST GRADE COLLEGE
KUNDAPURA - 576 201

Dr. B. B. HEGDE FIRST GRADE COLLEGE, KUNDAPURA

HUMAN RIGHTS CELL

Objectives of the Forum:

- To educate and create greater awareness of human rights.
- To study and examine cases of human rights in and around the campus.
- To create a network with other organizations for working in the spirit of solidarity.
- To work for ensuring that basic human rights are respected everywhere.

Activities of the Forum:

- Guest Lecture
- Seminars by lawyers and social workers
- Community integration activities
- Seminars by students to raise awareness about Human Rights
- Celebration of Human Rights Day
- Poster Designing competition
- Film show related to Human rights
- Display of Slogan
- Mime on Human Rights
- Voting Awareness Programme


PRINCIPAL
DR. B. B. HEGDE FIRST GRADE COLLEGE
KUNDAPURA - 576 201

Dr. B. B. HEGDE FIRST GRADE COLLEGE, KUNDAPURA
FINE ARTS ASSOCIATION

Objectives:

- To aid our students get rid of their present stage fright.
- To enlighten them apropos of the profound momentousness of art, culture and heritage to humankind .
- To stimulate them to take part in extra-curricular activities so as to elevate their social skills.
- To embolden their artistic proficiency.

Plan of action:

- Dance (Folk/Classical/Semi-classical/ Filmy/Nruthya Roopaka)
- Song (Folk/Devotional/Patriotic/Filmy/Lyric)
- Drama (Skit/Mono-acting/Ranga Roopaka)
- Master of Ceremony
- Rangoli
- Photography
- Flower Arrangement
- Collage Making
- Craft


PRINCIPAL
DR. B. B. HEGDE FIRST GRADE COLLEGE
KUNDAPURA - 576 201

Dr. B. B. HEGDE FIRST GRADE COLLEGE, KUNDAPURA
ECONOMICS ASSOCIATION

Objectives of the Association:

- To encourage dissemination and exchange of knowledge related to Economics.
- To support the education and training of students in economics.
- Arrange workshops for supplemental education.
- Establish a platform to encourage students to express their idea.
- To provide career information and encourage academic progression.
- To make the students to be aware of the ongoing economic trends both in the country and abroad.
- The association intends to conduct many socio-economic projects.
- It also aims at bringing students teachers relationship closure in order to derive maximum information through mutual interaction.
- To introduce to the students in on hand experience of agricultural working and the problems.

Plan of action:

- Conduct workshops and Seminars
- Guest Speech: from various experts in the field of education and gets information from them.
- Debate competition and quiz for the students.
- Various programmes relating to health awareness to the public
- Educational trips and tours.
- Industrial visit and agricultural field visit.


PRINCIPAL
DR. B. B. HEGDE FIRST GRADE COLLEGE
KUNDAPURA - 576 201

Dr. B. B. HEGDE FIRST GRADE COLLEGE, KUNDAPURA

ECO CLUB

Objectives:

- To make students understand about environment and environmental problems.
- To motivate the students to keep their surroundings green and clean.
- To facilitate students participation in decision making in the areas related to environment and development.
- To promote the principles of conservation of water.
- To mobilize students towards scientific enquiry into environmental problems.
- To motivate students how to imbibe habits and lifestyle for minimum waste generation.
- To bring students into direct contact with various environmental issues.
- To involve students in action based programmes related to environment in their surroundings.

Plan of action:

- Orientation
- Clean and Green Campus Drive
- Lecture on 'Green Protocol & Rain Water Harvesting'
- Debate, essay and quiz competitions on environment related topics
- Presentation on environmentalists and Earth Worm Composting
- Documentary on environment
- Observance of Environment Days .For Ex: World Environment Day (5th June)
- Discussion on Eco friendly festivals
- Talk on Natural Disasters


PRINCIPAL
DR. B. B. HEGDE FIRST GRADE COLLEGE
KUNDAPURA - 576 201

Dr. B. B. HEGDE FIRST GRADE COLLEGE, KUNDAPURA
COMMERCE ASSOCIATION

Objectives of the Association:

1. To expose students to the practical aspects of Commerce, Industries and business.
2. To enable students to develop “off the skills” expected commerce graduates.
3. To promote the research activities in commerce and management among the students.
4. To develop leadership, entrepreneurial and organising skills among the students.
5. To develop team spirit among students.

Plan of action:

- Commerce and management Quiz
- Interclass Commerce & Management Fest
- Mock Interview
- Product Launch & Investment Awareness
- Management Games
- Creation of Advertisement & Model Exhibition
- Treasure hunt & PPT
- Group discussion & Debate
- Industrial Visit


PRINCIPAL
DR. B. B. HEGDE FIRST GRADE COLLEGE
KUNDAPURA - 576 201

Dr. B. B. HEGDE FIRST GRADE COLLEGE, KUNDAPURA
CENTRE FOR COMMUNITY SERVICES

Objectives:

- Expose students to people who are at a disadvantage (like socially, medically and economically).
- Help students to realise they can a difference and give them the tools to do so.
- Develop awareness and better understanding of the communities they live in.
- Foster a community of caring and committed individual at commonwealth school.
- Develop capacity to meet emergency and natural disasters.
- Foster better friendly relationship with all without any discrimination.

Plan of action:

- ✓ Orientation
- ✓ To create awareness about community service through quiz competition
- ✓ To visit the nursing home
- ✓ Plan food drive
- ✓ Conducting various community service project at school
- ✓ Help out families at public hospital
- ✓ To visit "Special School", conducting CRS activities
- ✓ Create awareness about community service conducting various other extensional activities


PRINCIPAL
DR. B. B. HEGDE FIRST GRADE COLLEGE
KUNDAPURA - 576 201

Dr. B. B. HEGDE FIRST GRADE COLLEGE, KUNDAPURA
ANTI SEXUAL HARRASSMENT CELL

Objectives:

- To develop guidelines and norms for policies against sexual harassment.
- To promote awareness about sexual harassment through educational initiatives and foster respectful safe campus environment.
- Students to be advised to approach to the cell in case of any issues of harassment.
- To provide information regarding counseling and support services available in the campus.
- To develop principles and procedures for combating sexual harassment.

Plan of action:

- Orientation
- General meetings
- Guest lecture on sexual harassment related topics
- Organising awareness programs
- Self defense training


PRINCIPAL
DR. B. B. HEGDE FIRST GRADE COLLEGE
KUNDAPURA - 576 201

Dr. B. B. HEGDE FIRST GRADE COLLEGE, KUNDAPURA

COMMERCE LABORATORY

Aims:

- To give practical exposure.
- To promote conceptual understanding.
- To provide objective learning.
- To extend learning experience beyond class rooms.
- To add the wider dimensions to the process of learning.

Plan of action:

- Practical orientations to students on matters relating to banking, insurance, taxation, stock exchange, etc.
- Online entry of forms/IT returns through power point presentations.
- Preparation of charts, models, news letters.
- Display of specimens and forms.
- Enacting mock banking, insurance, taxation, etc. programmes
- Role play
- Field visit
- Project work
- Group discussions and presentation on current affairs
- Study of the success stories of business icons


PRINCIPAL
DR. B. B. HEGDE FIRST GRADE COLLEGE
KUNDAPURA - 576 201